



# Allergy Test My Pet

Prepared For: John Smith  
Owner of: Ernie

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# Allergy Test My Pet

This report is based on an analysis of 104 common allergens. Each is ranked in one of three ways:

1.



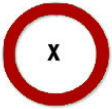
Ernie has tested positive for this allergen (there was a reaction).

2.



Ernie may be reacting to the allergen but levels are not high enough for a positive reading.

3.



Ernie has a negative reaction to this allergen (did not respond to these items).

## Detailed Analysis



### There are 7 Positive Results

#### 1. Beef

Beef is a common ingredient in numerous dog food and treats, It can cause a reaction in dogs and is one of the more common foods dogs react to.

A beef sensitivity can be caused by either a food allergy or a food intolerance.

Reactions to beef can cause painful skin disorders in addition to chronic conditions like indigestion, ear infections, and respiratory problems. It can also cause excessive coughing, chronic gas, diarrhea, and hives. Food intolerance symptoms may also include changes in the color or consistency of the dog's stool, abdominal pain, and gurgling sounds from their digestive system.

If your dog tests positive for a beef allergy, there are several treatment options. For topical treatments, some veterinarians will recommend corticosteroids and antihistamines to help reduce the swelling and manage itching.

Another way to treat a beef sensitivity is through an elimination diet. With this treatment, you will change your dog's diet and feed them food without beef products. It may take several weeks before you see any results, though. Probiotics and supplements like Omega-3 oils may be recommended to help with your dog's immune system and protect their skin.

Antibiotics may also be prescribed to help with secondary skin infections often found with food allergies.

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## 2. Cranberry

A great source of vitamin C, fiber, and manganese, cranberries can be a healthy treat for dogs. However, overfeeding of cranberries to dogs has no benefit and can provide an excess of sugar.

If a dog is suffering from a cranberry sensitivity symptoms include chronic ear pain and inflammation, coughing, hives, itching, runny nose, paw biting, nausea, and vomiting. Some dogs can suffer from abdominal pain or constipation if they suffer from a cranberry intolerance.

For swelling and itching due to a cranberry allergy, veterinarians may prescribe ointments or medications like antihistamines and corticosteroids. If your dog is intolerant to cranberries they should be removed from the diet.

If the dog is suffering from a secondary skin infection, antibiotics may be prescribed. Probiotics and Omega-3's are often recommended by veterinarians as well to help support the immune system and protect the skin.



## 3. Grass

Grass allergies are caused by a powdery yellow pollen, not the grass itself. The powder is what flowers and grasses put out to be transferred from plant to plant by bees, birds, and the wind. Grass pollen can be absorbed through the skin, breathed into the lungs, brought into the house by humans, or by the dog licking their fur with grass pollen on it.

Symptoms of a grass pollen allergy include diarrhea, bald spots from scratching, hives, excessive licking, red and watery eyes, moist or crusty-like skin, runny nose, scratching, and sneezing.

Although any dog can develop a grass pollen allergy, it is more prevalent in Bulldogs, German Shepherds, Miniature Schnauzers, Retrievers, Setters, Pugs, Terriers, and dogs over three months.

Treatment for a grass pollen allergy include antihistamines, corticosteroids, and topical ointments like cortisone gel or cream. Special shampoos - like hypoallergenic ones - may also be prescribed.

Immunotherapy is another treatment option. Once a test confirms the allergen is grass, an injection is prepared with antigens and is given to the dog weekly or monthly. It can be time consuming and expensive, but it has a very high success rate, especially in younger dogs.



## 4. Mackerel

Mackerel may be found in many high end dog foods and treats. It is an easily digestible protein and is often used as a substitute for other proteins dogs are commonly allergic to.

The most common symptoms of a mackerel sensitivity are itching, paw biting, obsessive licking chronic ear inflammation, hives, chronic diarrhea, and vomiting. A food intolerance will also cause digestive problems such as stomach pain, gurgling sounds in the digestive system, and changes

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in their stool.

Treatment for a mackerel intolerance includes antihistamines and corticosteroids as topical treatments to help with swelling and itching. Elimination diets are also recommended as they are one of the best treatment options. Elimination diets are when you completely remove the suspected intolerance (mackerel) from the dog's diet for several months. When followed correctly, the dog's symptoms can diminish within four to six weeks. A reintroduction of the food can either cause the symptoms to return or may be ok if offered infrequently or in small doses.

Omega-3's and probiotics are also recommended to help with their immune system and skin. Antibiotics may be required if your dog is suffering from a secondary skin infection.



## 5. Safflower Oil

Safflower oil can help a dog's heart system, keep their coat shiny, and promote healthy joints. Some dogs can be intolerant of safflower oil.

If a dog is suffering from a safflower oil sensitivity, symptoms include coughing, hives, itching, head shaking, chronic gas, chronic ear inflammation and pain, runny nose, paw biting, nausea, and vomiting. Some dogs can suffer from abdominal pain or constipation if suffer from an intolerance to safflower oil.

If your dog is suffering from swelling and itching, veterinarians may prescribe ointments or medications like corticosteroids and antihistamines. Elimination diets are also recommended as they are one of the best treatment options. Elimination diets are when you completely remove the suspected intolerance (safflower) from the dog's diet for several months. When followed correctly, the dog's symptoms can diminish within four to six weeks. A reintroduction of the food can either cause the symptoms to return or may be ok if offered infrequently or in small doses.

If the dog is suffering from a secondary skin infection, antibiotics may be prescribed. Probiotics and Omega-3's are often prescribed as well to help support the immune system and protect the skin.



## 6. Squash

Squash contains potassium and can help reduce heart failure in dogs. Pureed or cooked squash is high in vitamin A and calcium, which helps keep kidneys healthy. Though uncommon, dogs can have a squash intolerance.

Symptoms of a squash intolerance include bald patches, chronic gas, chronic ear infections, coughing, diarrhea, head shaking, hives, paw biting, obsessive licking, vomiting and wheezing. Some dogs can also suffer from skin infections or skin rashes.

For treatment, corticosteroids are recommended to help reduce swelling and antihistamines to help reduce itching. Elimination diets are also recommended as they are one of the best treatment options. Elimination diets are when you completely remove the suspected intolerance (squash) from the dog's diet for several months. When followed correctly, the dog's symptoms can diminish within four to six weeks. A reintroduction of the food can either cause the symptoms to return or may be ok if offered infrequently or in small doses.

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Secondary skin infections can be a side effect of a squash intolerance so some veterinarians may also prescribe antibiotics. Other supplements - like probiotics and Omega-3 oils - may also be recommended to help support their immune system and protect their skin.



### 7. Tuna

A tuna allergy is not uncommon among dogs. If a dog has an allergy to tuna, their immune system will over-react to that protein. Then, when it comes in contact with tuna their body will see it as a threat and have a high-defense response, resulting in an allergic reaction.

A tuna allergy can either be a food allergy or a food intolerance. A food allergy causes the body to defend itself against what it perceives as a threat. A food intolerance does not involve the immune system and is not caused by a histamine.

Symptoms of a tuna allergy include excessive itching, chronic ear inflammation, skin rashes, nausea, paw biting, hives, and vomiting. Symptoms from food intolerances include digestive problems like gurgling sounds in the digestive system, stomach pain, and changes in their stool.

In order to treat a tuna allergy, veterinarians will give an antihistamines or corticosteroids as a topical treatment to help with itching and swelling. Elimination diets are also recommended as they can help pinpoint what the allergy is. Symptoms will usually subside within in a few weeks. Probiotics and omega-3's are also recommended to help their immune system and skin.

Antibiotics may also be required if they are suffering from secondary skin infections.



### There are 3 Neutral Results

### 1. Alligator

Alligator is a protein which may be used for dogs who are intolerant to other common proteins. It is a novel protein found in some premium dog foods and dog treats. It has become increasingly popular over the past few years as dogs see more and more sensitivities to some of the more common proteins found in dog food.

An alligator intolerance causes symptoms like itching, hives, vomiting, chronic gas, chronic diarrhea, nausea, and obsessive licking. Food intolerances may also affect the digestive system, cause abdominal pain and changes in their stool.

Treatment for an alligator intolerance includes topical treatments such as antihistamine's and corticosteroids to help with swelling and itching. Elimination diets are also recommended as they are one of the best treatment options. Elimination diets are when you completely remove the suspected intolerance (alligator) from the dog's diet for several months. When followed correctly, the dog's symptoms can diminish within four to six weeks. A reintroduction of the food can either cause the symptoms to return or may be ok if offered infrequently or in small doses.

Omega-3's and probiotics are also recommended as a way to protect their skin and support their immune system. If the dog is suffering from a secondary skin infection, antibiotics may be necessary.



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## 2. Carrot

Carrots are sometimes used for sweetness in treats and foods and are found in a number of dog foods. They are also often fed raw as treats. However, some dogs can be sensitive to this vegetable.

Symptoms of a carrot intolerance include diarrhea, head shaking, hives, paw biting, bald patches, chronic gas, chronic ear infections, coughing, obsessive licking, vomiting and wheezing. Some dogs can also suffer from skin infections or skin rashes.

For treatment, corticosteroids are recommended to help reduce swelling and antihistamines to help with itching. Elimination diets are also recommended as they are one of the best treatment options. Elimination diets are when you completely remove the suspected intolerance (carrots) from the dog's diet for several months. When followed correctly, the dog's symptoms can diminish within four to six weeks. A reintroduction of the food can either cause the symptoms to return or may be ok if offered infrequently or in small doses.

Secondary skin infections can be a side effect of a carrot intolerance so some veterinarians may also prescribe antibiotics. Other supplements - like probiotics and Omega-3 oils - may also be recommended to help support their immune system and protect their skin.



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## 3. Pheasant

Although uncommon, dogs can suffer from a pheasant allergy. If they suffer from this type of allergy, their immune system thinks the protein is a threat and responds defensively - causing an allergic reaction.

A pheasant allergy can be a food allergy or due to a food intolerance. Food allergies are caused by the body attempting to defend itself against the perceived threat. A food intolerance has no direct involvement with the immune system and not caused by a histamine.

Pheasant allergies cause symptoms such as chronic gas, constant licking, hives, noisy coughing, vomiting, and shaking. A food intolerance also causes abdominal issues such as pain, changes in consistency and color in the stool, and gurgling in the stomach.

For treatment, veterinarians will recommend topical treatments like antihistamines and corticosteroids to help reduce swelling and itching. Elimination diets are one of the best treatments for allergies. With an elimination diet, the allergen is removed from the diet completely for several weeks. Omega-3's and probiotics are suggested to help with immune support and skin protection.

Antibiotics are used for secondary skin infections.

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## There are 94 Negative Results

Almond Oil	Ants	Apple
Asparagus	Banana	Barley
Beaver	Beet	Bell Pepper
Blue-Green Algae	Blueberry	Broccoli
Brown Rice	Brussels Sprout	Buckwheat
Buffalo/Bison	Canola Oil	Celery
Chick Pea	Chicken	Chicken Egg
Chlorella	Co-Q-10	Cockroach
Coconut Oil	Cod Liver Oil	Corn
Cottonseed Oil	Cucumber	Dairy
Duck	Duck Egg	Dust Mites
Elk	Feathers	Fish Meal
Flaxseed Oil	Fleas	Gelatin
Ginger	Glucosamine	Grains (Bread)
Green Beans	Green Lipped Mussel	Green Peas
House Fly	Kale	Kangaroo
Kelp	Kidney Beans	Lamb
Lemon	Limonene	Molasses
MSM (sulphur)	Oat	Olive Oil
Orange	Ostrich	Peanut Butter
Pear	Pollen	Pomegranate
Pork	Potato	Propylene Glycol n-Butyl Ether
Psyllium	Pumpkin	Rabbit
Salmon	Sardines	Shrimp
Sorghum	Soy	Spinach
Strawberry	Sunflower Oil	Sweet Potato
Tapioca	Tobacco	Tomato
Turkey	Turmeric	Turnip
Vegetable Oil	Venison	Watermelon
Wheat	Whey	White Rice
Yam	Yogurt	Yucca
Zucchini		

*Allergy Test My Pet is designed to test for sensitivities in your pet, not true allergies which are immediate and can have severe consequences. Sensitivity testing indicates a delayed response by your pet's antibodies to the allergen being tested.*

*This test is designed to help you learn the sensitivities your pet may be experiencing so you can have a better understanding of what your pet may not be able to tolerate. There are a number of options available to deal with these sensitivities. We recommend discussing them with your veterinarian to find the solution that is best for you. This can include introducing a new diet to your pet, eliminating certain foods and medications.*

*This test is not intended to offer medical advice and if your pet is experiencing symptoms we recommend seeking the advice of a professional. We hope this test will put your pet on the right path to wellness.*